

20. Psychological Counselor/ Coach/ Equal Opportunity Commissioner from Greece

Studies and Further Education

- PhD in Mental Health, University, UK
Thesis: Quality of life for people diagnosed with schizophrenia
- MBA, Business Institute, Belgium
Thesis: International Business
- MSc, Nursing, University, UK
Thesis: Research, Counselling and Education
- Gender Advisor Certificate, Military School, Sweden
Focus: Inclusion of the gender mainstreaming at work

Professional Experience: 15 years

- Psychological Counsellor, Self-employed, Belgium
Psychological support to persons with stress, anxiety, and work and family related psychological struggles (among others leaders and employers)
- Air Force Officer, Gender and Equality Office, Defence Unit, Greece
mainstreaming gender in recruitment, training and education, operations, and quality of life for the military personnel
- Chief – Office of Gender Advisor, International Organization, Belgium
implementation of an international organisation's key resolution and related resolutions into employer's international organisation mission and operations

IT Skills: MS Office

Language Skills: German (intermediate), English (excellent), French (intermediate), Flemish (intermediate), Greek (mother tongue)

Why do I want to participate in the Mentoring-Partnership?

After moving to Germany recently my goal is to continue working as a Psychological Counselor and Gender Advisor.

With help of the Mentoring-Partnership I would either like to initiate my self-standing Psychological Counselor business, or to work as a Psychological/ Psychosocial Counselor and/ or gender Advisor in a company in a relevant post. I would be happy to learn about the options I have on the German labour market, to find out how to approach companies in Germany that are related to my skills and working experience, or how to start my own business and what I need to do in order to improve my skills for this.

Das Projekt Mentoring-Partnerschaft Südostbayern wird im Rahmen des Förderprogramms IQ - Integration durch Qualifizierung durch das Bundesministerium für Arbeit und Soziales und die Europäische Union über den Europäischen Sozialfonds Plus (ESF Plus) gefördert und vom Bundesamt für Migration und Flüchtlinge administriert. Partner in der Umsetzung sind das Bundesministerium für Bildung und Forschung und die Bundesagentur für Arbeit.

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